



**Rule Category:**  
Medical

**Ref: No:**  
2011-MN-0011

**Version Control:**  
Version No.5.0

**Effective Date:**  
28-06-2018

**Revision Date:**  
June 2019



# Influenza Prevention, Diagnosis, and Management

## Adjudication Guideline

### Table of content

<b>Abstract</b> Page 1	<b>Scope</b> Page 2	<b>Adjudication Policy</b> Page 2	<b>Denial codes</b> Page 2	<b>Appendices</b> Page 3
---------------------------	------------------------	--------------------------------------	-------------------------------	-----------------------------

### Abstract

### For Members

Influenza (flu) is an acute respiratory infection caused by influenza virus that is usually self-limiting. It can cause mild to severe illness, symptoms are more severe than those of common cold.

Daman covers medically justified treatment of influenza for all health insurance plans administered by Daman subjected to policy terms and conditions. Daman coverage of the flu vaccine (for prevention of influenza) will be limited to those plans with the specific benefit, subject to policy terms and conditions.

### For Medical Professionals

Daman covers medically justified treatment of flu (including Antipyretics/analgesics and antiviral drugs) for all health insurance plans administered by Daman subject to policy terms and conditions. Daman coverage of the influenza vaccine will be limited to those plans with the specific benefit, subject to policy terms and conditions.

Daman follows the HAAD/DOH standards on prevention and control of Influenza.

**Approved by:**  
Daman

**Responsible:**  
Medical Standards & Research

**Related Adjudication Guidelines:**  
N/A

### Disclaimer

By accessing these Daman Adjudication Guidelines, you acknowledge that you have read and understood the terms of use set out in the disclaimer below:

The information contained in this Adjudication Guideline is intended to outline the procedures of adjudication of medical claims as applied by the National Health Insurance Company – Daman PJSC (hereinafter "Daman"). The Adjudication Guideline is not intended to be comprehensive, should not be used as treatment guidelines and should only be used for the purpose of reference or guidance for adjudication procedures and shall not be construed as conclusive. Daman in no way interferes with the treatment of patient and will not bear any responsibility for treatment decisions interpreted through Daman Adjudication Guideline. Treatment of patient is and remains at all times the sole responsibility of the treating Healthcare Provider. This Adjudication Guideline does not grant any rights or impose obligations on Daman. The Adjudication Guideline and all of the information it contains are provided "as is" without warranties of any kind, whether express or implied which are hereby expressly disclaimed.

Under no circumstances will Daman be liable to any person or business entity for any direct, indirect, special, incidental, consequential, or other damages arising out of any use of, access to, or inability to use or access to, or reliance on this Adjudication Guideline including but without limitation to, any loss of profits, business interruption, or loss of programs or information, even if Daman has been specifically advised of the possibility of such damages. Daman also disclaims all liability for any material contained in other websites linked to Daman website.

This Adjudication Guideline is subject to the laws, decrees, circulars and regulations of Abu Dhabi and UAE. Any information provided herein is general and is not intended to replace or supersede any laws or regulations related to the Adjudication Guideline as enforced in the UAE issued by any governmental entity or regulatory authority, or any other written document governing the relationship between Daman and its contracting parties.

This Adjudication Guideline is developed by Daman and is the property of Daman and may not be copied, reproduced, distributed or displayed by any third party without Daman's express written consent. This Adjudication Guideline incorporates the Current Procedural Terminology (CPT®), which is a registered trademark of the American Medical Association ("AMA") and the CPT codes and descriptions belong to the AMA. Daman reserves the right to modify, alter, amend or obsolete the Adjudication Guideline at any time by providing one month prior notice.

Doc Ctrl No.:	TEMP/350	Version No.:	1	Revision No.:	0	Date of Issue:	13.10.2016	Page No(s).:	1 of 3
---------------	----------	--------------	---	---------------	---	----------------	------------	--------------	--------

## Scope

This guideline covers the outpatient prevention, diagnosis, and management of influenza (Flu) excluding cases identified as epidemic or pandemic.

## Adjudication Policy

### Eligibility / Coverage Criteria

- I. Daman covers the following Vaccination, treatment, and diagnostic investigations for influenza infection such as but not limited to (for more details, kindly refer to DOH slandered on prevention and control of influenza):
  - Influenza Inactivated Trivalent (IIV3) Vaccine;
  - Rapid Influenza Diagnostic Test;
  - Anti-viral drugs.
- II. Antiviral drug "Oseltamivir", always requires a pre-authorization.

### Requirements for Coverage

ICD, CPT, and Drug codes must be coded to the highest level of specificity subject to policy terms and conditions.

### Non-Coverage

Daman does not cover the below scenarios:

- 1- For Visitors plan, not covered.
- 2- Flu chemoprophylaxis is not covered for those health insurance plans that do not have the preventive benefit.
- 3- Flu vaccine is not covered for those health insurance plans that do not have the preventive vaccination benefit.

### Payment and Coding Rules

Please apply HAAD/DOH payment rules and regulations and relevant coding manuals for ICD, CPT.

### Denial codes

Code description
Service is not clinically indicated based on good clinical practice
Service is not clinically indicated based on good clinical practice, without additional supporting diagnoses/activities
Service(s)is (are) not covered
Submission not compliant with contractual agreement between provider & payer

## Appendices

### A. References

- <http://bestpractice.bmj.com/topics/en-gb/6/treatment-algorithm>
- [https://www.uptodate.com/contents/treatment-of-seasonal-influenza-in-adults?search=influenzae&source=search\\_result&selectedTitle=1~150](https://www.uptodate.com/contents/treatment-of-seasonal-influenza-in-adults?search=influenzae&source=search_result&selectedTitle=1~150)
- <https://www.haad.ae/haad/tabid/1008/Default.aspx>
- <https://www.haad.ae/HAAD/LinkClick.aspx?fileticket=Tmn3smpDoT8%3D&tabid=183>
- <https://www.haad.ae/HAAD/LinkClick.aspx?fileticket=fjhAVBs5MFs%3d&tabid=183>
- [https://www.haad.ae/HAAD/LinkClick.aspx?fileticket=I\\_DsMTL7gIk%3d&tabid=183](https://www.haad.ae/HAAD/LinkClick.aspx?fileticket=I_DsMTL7gIk%3d&tabid=183)
- <https://www.cdc.gov/features/flu-antivirals/index.html>
- <https://www.cdc.gov/flu/professionals/diagnosis/table-testing-methods.htm>

### B. Revision History

Date	Change(s)
01-03-2011	Release of V1.0
01-07-2013	Release of V2.0: - New template
15-07-2014	Release of V 4.0: - Disclaimer updated as per system requirements - Restored original effective date
28-06-2018	Release of V5.0: - Updated content based on the HAAD/DOH standards.